# 2nd Annual Cabin Fever Festival!

Saturday, March 2! See Page 15 for Details!

Saginaw Township Community Schools'

## **Community Education**

## "Keeping the Lights on for the Community."

Learning for fun! Learning for Enrichment! Learning for Life!

Community Education Office: 797-1847

Email: commed@stcs.org

Community Services Director: Steve Elliott 399-8029 saelliot@stcs.org

Staff: Deborah Jackson - AM Kimber Crapo - PM



Community School Organizers Office: 797-1847 (leave message)

Becky Barror: rlbarror@stcs.org

Michille Federer: mlfedere@stcs.org

Patti Taylor: ptaylor@stcs.org

You can find Saginaw Township Community Education on Facebook!



www.celighthouse.org | 989.797.1847 | Winter 2019

# Winter 2019 January - May

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Activities and **classes will not meet** when Saginaw Township Community Schools are **closed** due to inclement weather. Check the school district website (www.stcs.org) for cancellation notices.

## After the registration deadline, you may still be able to register by phone if a class is going and space is available!

# class

Locations

## Arrowwood Elementary

5410 Seidel Rd. Saginaw, MI 48638

- Conference Center
- Cafeteria
- Gym
- Media Center
- Theater

## Sherwood Elementary

3870 Shattuck Saginaw, MI 48603

- Cafeteria
- Commons
- Pool
- Theater

## Mackinaw High School

2775 Shattuck Saginaw, MI 48603

- Gym
- Conference Center

## Heritage High School

3465 N. Center Rd. Saginaw, MI 48603

- Cafeteria
- Classrooms
- Computer Labs
- Media Center
- Theater

# information

**registration** | Registrations are on a first-come first-serve basis. Preregistration paid in full is required for class participation. Adult classes are open to everyone age 18 and older.

**confirmations** | Once registration is completed, participants will only be notified if a class is cancelled or changed. If you are not notified in advance, it means the class will be held as scheduled.

**waiting list** | When a class reaches capacity, participants will be placed on a waiting list. People on the waiting list will be contacted in the order of the waiting list if space becomes available.

**refunds** | FULL refunds will be made if the class is cancelled by Community Education. Community Education is a self-supporting program. Classes cannot be run at a deficit. ALL refunds must be requested at least 3 days before the start of a class. A \$4 processing fee will be charged for dropped classes. Non-credit card refunds will be paid by check within 2 weeks.

#### school district cancellations | Activities and classes will not

**meet** when Saginaw Township Community Schools are **closed** due to inclement weather. Check the school district website (www.stcs.org) for cancellation notices.

**safety disclaimer** | There is an inherent risk or injury in any activity. It is the responsibility of each participant to be aware that there are assumed risks involved in participation. STCS assumes no responsibilities for injuries received during activities.

Activities and **classes will not meet** when Saginaw Township Community Schools are **closed** due to inclement weather. Check the school district website (www.stcs.org) for cancellation notices.

If you don't get a phone call from us after registering, it means your class is a go! You will only hear from us if the class is cancelled.

## Where Does My Class Meet?

Class locations are listed for each class, but not the room. If your class is at Heritage, we have staff on-site will help you find your class! For other schools, call Community Education at 797.1847 All **registrations** must be accompanied by full payment. Register before or by the registration deadline to avoid possible class cancellation!

#### register online

Visit www.celighthouse.org to setup your secure personal account (or use your current one) for class registration using your credit card for many classes! (See next page for directions)

#### register by phone

Call Community Education at 797-1847 and use your credit card. Monday – Friday, 8 am - 4:30 pm.

#### register in person

Come to our office located in the Board of Education office at Heritage High School, 3465 N. Center Rd. Hours are Mon. - Fri., 7:30 -4:30 pm. Pay by cash, check, money order or credit card. Make checks payable to STCS.

#### register by mail

Mail a Registration Form with full payment to Community Education, P.O. 6278, Saginaw, MI 48608 Make checks payable to **STCS.** 

#### register by FAX

FAX your completed Registration Form, including credit card information, to 797-1801, Attention Community Education.

## Registration

Full Name		
Email address		Phone
Address		
City	Z	Zip
Class Name		
		Fee \$
Class Name		
Date(s)	Time(s)	Fee \$
Credit Card payment:		
Card#	Exp. Date	/ 3-digit code
Signature		
Class Name		
Date(s)	Time(s)	Fee \$
Class Name		
Date(s)	Time(s)	Fee \$
Credit Card payment:		
Card#	Exp. Date	/ 3-digit code
Signature		

# how to register online

Register online for many classes at www.celighthouse.org with a credit card following the steps below.

#### 1. Go to: www.celighthouse.org

- 2. Click on Login/Sign Up at the top-right of the page.
- 3. Returning users login with your email and password. If this is the first time you are visiting this site, please click on "click here to Sign up."
- 4. If a new user, complete the form, entering the appropriate information in each box with a red asterisk. Click on the "Save" button once completed.
- 5. You are now logged in. To add a family member, click on "My Account" at the top of the page and choose "Add Family Member" in the Settings panel. Complete the form and click on "Save."
- 6. Click on the Program of the classes you would like to register for or type in the name of the class in the Search Box.
- 7. Select the class you want to enroll in, and click on "Register" on the available session you would like.
- 8. Select family members who will participate and click on Continue.
- 9. Follow the steps and either "Add Another Course" or "Continue Registration."
- 10. The payment page opens. Complete this form, following the directions in red letters carefully. Click once on "Make Payment." To prevent multiple charges to your credit card, please click the button only once.
- 11. If your registration is completed correctly, a confirmation page comes up with a confirmation number. You are now registered!

PLEASE NOTE: Beginning in late January – early February, the celighthouse.org web site will be updated, as eClassTrak will then become DigitalSignup.

This change will require registrants to "re-register" for online registrations.

The objective is that the new interface will be easier to navigate and have a more modern look.

If you have any problems registering online for our classes, please do not hesitate to call us at 797-1847. We will be more than happy to help out!



## EXERCISE & DANCE



#### **NEW YOU YOGA**

These classes will focus on cultivating balance, strength, flexibility, good breathing habits, concentration and relaxation. Yoga Flow is a mind-body-spirit type of practice that helps get you more relaxed and gives you a healthier body. You deserve all the benefits you will gain from Yoga. Wear loose comfortable clothes and bring a mat. Props will be provided when needed. Everyone is welcome! Instructor: Anna Robles, RYT500 Certified Yoga Teacher

#### **Tuesday's class**

Rejuvenate your body and spirit. This class is designed to teach the basics of Yoga, proper alignment, relaxed breathing and how to flow into poses using proper techniques with guidance and step-by-step instruction. You will stretch yourself out, breath better and move with more flexibility by gaining balance and strength.

#### **Thursday's class**

This Gentle class practices fundamentals of Yoga poses, while learning the benefits of alignment in sitting, standing and reclined poses. We will also focus on learning to breathe better and deeper for vitality and energy using simple breathing techniques. You will walk out of class feeling light, energized, stronger and, most of all, relaxed.

#### NEW YOU YOGA 6- week sessions TUESDAY CLASS Session 1 19W100-1

Session 1	19W100-1
Register by	y 1/11
Location:	Heritage HS
Day(s):	Tuesday(s)
Date(s):	Jan. 22-Feb. 26
Time:	6 – 7 PM
Class Fee:	\$58
Session 2	19W100-2
Register by	y 2/22
Location:	Heritage HS
Day(s):	Tuesday(s)
Date(s):	Mar. 5-April 16
	*No Class Mar. 26*
Time:	6 - 7 PM
Class Fee:	\$58

#### THURSDAY CLASS Session 1 19W105-1

Session 1 19W105-1				
Register by 1/11				
Location:	Heritage HS			
Day(s):	Thursday(s)			
Date(s):	Jan. 24-Feb. 28			
Time:	6:30 - 7:30 PM			
Class Fee:	\$58			
Session 2 19W105-2				
Pagistar by 2/22				

#### Register by 2/22

Location:	Heritage HS
Day(s):	Thursday(s)
Date(s):	Mar. 7-April 18
	*No Class Mar. 28*
Time:	6:30 - 7:30 PM
Class Fee:	\$58

#### **CHAIR YOGA (6 weeks)**

You have heard about all the benefits of yoga. If getting down on the floor is difficult for you, try Chair Yoga! In this modification of regular yoga, the moves and exercises are done entirely from the chair – hanging on to the chair and standing with the chair – with grace and ease. We will be working on breathing exercises, strength, balance and flexibility. All of these factors are vital for functionality of the body, staying pain-free and improving the quality of life. Instructor: Anna Robles, Certified Yoga Instructor.

#### Session 1 - 19W115-1 Register by 1/11

Incgioter k	<i>y</i> 1/11
Location:	Heritage HS Media Cntr
Day(s):	Thursday(s)
Date(s):	Jan. 24 - Feb. 28
Time:	5:15 - 6:05 PM
Class Fee:	\$48
Session 2	- 19W115-2
Register k	oy 2/22
Location:	Heritage HS Media Cntr
Day(s):	Thursday(s)
Date(s):	Mar. 7 - Apr. 18
	*No Class March 28*
Time:	5:15 - 6:05 PM
Class Fee:	\$48



**Register online at www.celighthouse.org** 

## EXERCISE & DANCE

#### EAST COAST SWING

East Coast Swing is a 6-count dance that is a great dance to learn for social dancing. You can dance it to Big Band, Contemporary rock music, and country.

Instructor: Angela Markle

#### 19W110-1 Register by 1/18

Location:	Heritage Cafeteria
Day(s):	Monday(s)
Date(s):	Jan. 28 - Feb. 25
Time:	7:00 - 7:45 PM
Class Fee:	\$77 per person

#### NIGHT CLUB SLOW DANCE

If you are tired of just swaying in place to romantic songs, this class is for you! This dance will add a little flair you can use to have fun when you are on the dance floor. This dance is perfect for brides and grooms or anyone who has always wanted to learn to dance to the slow "love" songs. For the bridal couple, I will also show an entrance and exit off the floor. This is also great for parents of the bridal couple and the wedding party! Instructor: Angela Markle

#### 19W120-1 Register by 3/1

Location:	Heritage High School
Day(s):	Monday(s)
Date(s):	Mar. 11, 18, Apr.1 - 15
Time:	7:00 - 7:45 PM
Class Fee:	\$77 per person

## SOCIAL DANCING – MOVING TO THE LINE DANCE BEAT!

Get on your feet! Don't sit on the sidelines! Have fun, get some exercise, and meet new people. In this 5-week class, we will learn a variety of line dances to a mixture of lively music. You will be learning the favorites like the Cupid Shuffle, The Disco Line to Lady Ga Ga's "Poker Face" song, Electric Slide and the "Wobble" Line Dance. We will learn some country too! Angela will be adding new line dances every 5 weeks so there will always be something new to learn each session. Instructor: Angela Markle

Session 1	19W125-1 Register by 1/18
Location:	Heritage Cafeteria
Day(s):	Monday(s)
Date(s):	Jan. 28 – Feb. 25
Time:	6:00 - 6:45 PM
Class Fee:	\$47
<b>•</b> • •	
Session 2	19W125-2 Register by 3/1
Session 2 Location:	19W125-2 Register by 3/1 Heritage Cafeteria
	• •
Location:	Heritage Cafeteria
Location: Day(s):	Heritage Cafeteria Monday(s)
Location: Day(s): Date(s):	Heritage Cafeteria Monday(s) Mar. 11, 18, Apr. 1-15

#### **CARDIO DRUMMING**

A FUN 45 minute cardio workout. ALL fitness levels welcome, Bring your water bottle, tennis shoes, and a fun attitude! Equipment needed: Stability ball, 17- 20 gallon bucket, and drumsticks. Kits available for purchase for \$25 or you can rent a kit for \$5 per night. \*If renting a kit, please arrive by 6:05. Instructor: Kheila Knight

#### 19W130-1 Register by 1/18

Location: Day(s): Date(s): Time: Class Fee: Arrowwood Conference Center Tuesday(s) Jan. 29 – Mar. 19 6:15 – 7:00 PM \$80 per person



#### LOW CALORIE COMFORT FOOD

This cooking class will teach you to create some of your favorite foods in a healthy calorie conscious way. Cooking techniques will be demonstrated and many recipes will be shared. Supply fee: \$40 paid to instructor first night of class. Instructor: Tanida White, owner of Food from the Heart **19W310-1** 

#### Register by 2/25

Location:	Heritage High School
Day(s):	Thursday(s)
Date(s):	February 7-28
Time:	6 - 7 PM
Class Fee:	\$80

## CHINESE GOURMET COOKING & CULTURE

Satisfy your taste buds and your curiosity about delicious Chinese Culinary Culture! Come join us and learn how to make authentic Chinese Cuisine-a fun and remarkable cooking experience for enriching your daily life. Bring a container to take home samples. This is a 7 day course. \$100 extra for cooking supplies due on first night of class. Instructor: Fan-Yi

#### (Debbie) Chen 19W315-1 Register by 1/18

• •	
Location:	Heritage High School
Day(s):	Mondays
Date(s):	January 28, February 11 & 25,
	March 11 & 18, April 8 & 22
Time:	6:00- 8:00 pm
Class Fee:	\$110 + \$100 supply fee due to
	instructor first night

#### **Happy New Year!**

## HEALTH

#### TAI CHI AND QIGONG FOR HEALTH

Tai Chi and Qigong is beneficial for good health, energy and enjoyment. Transform your quality of life with Tai Chi and Qigong as millions of Chinese have. In this 6 week class you will get a satisfying workout emphasizing balance, joint mobility, circulation, endurance, and a sensation of energy (Chi). It is a physical activity that you can easily maintain. It is believed the slow-paced "meditation in motion" of Tai Chi is a promising addition to regular heart care as an option for those unable to engage in other forms of physical activity. Wear comfortable clothing. Instructor

Session 1: Joe Turner and Session 2: Jim Bush. Please enter through

the Arrowwood Conference Center doors.

Session	1 19W200-1 Register by 1/11			
Location:	Arrowwood Conference. Center	Day(s):	Wednesday(s)	Date(s):
<u>Time:</u>	<u>6:15 - 7:15 PM</u>	Class Fee:	\$47	
Session	2 19W200-2 Register by 2/22			
Location:	Arrowwood Conference. Center	Day(s):	Wednesday(s)	Date(s):
Time:	6:15 – 7:15 PM	Class Fee	\$47	*N

## INVEST IN YOURSELF

Are you ready to love yourself even more? Self-love can transform your life and once you learn to have it, you grow in happiness in other parts of your life. Self-love is definitely a journey, but it a journey worth going on. Remember: You are enough. You are worthy. This class will help you find ways to love yourself, set you up to continue to love all aspects of your life and provide you with self-love and confidence tools. Instructor: Lisa Thompson.

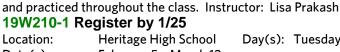
#### 19W205-1 Register by 3/22

Location: Heritage High School Time: 6:00 - 7:30 PM

Day(s): Tuesday(s) Class Fee: \$35

MINDFULNESS

Date(s): April 2 & 9



Day(s): Tuesday(s)

#### Register online at www.celighthouse.org

If you do not get a phone call from us after registering, your class is a go! You will only hear from us if the class is canceled.

#### Where Does My Class Meet?

Class locations are listed for each class, but not the room. If your class is at Heritage, our night staff person has a schedule of rooms who will help you find your class! For other schools, call Community Education at 797.1847

). Jan. 23 - Feb. 27

): Mar. 6 - Apr. 17 No Class March 27\*

Date(s): Time:

Heritage High School February 5 - March 12 6:30 - 8:00 PM

Mindfulness partners with meditation to help us live in the present without judgment. We become more accepting of what

life is for us, whether our situation presents us with disappointments or gratification. It also helps us cope with stress, reduce anxiety, and increase positive emotions and feelings of self-compassion. Handouts and additional resources will be included. Basic meditation techniques will be introduced

Class Fee: \$98



## ARTS & CRAFTS

#### ASIAN ARTS EXPERIENCE

Asian Arts experience will help you understand the knowledge of modern Asia, but it will also enable you to transmit and experience the traditional spirit of Asian cultures. Each week will highlight a different aspect of the culture and art history. (including the traditional apparel history, music and opera style, Chinese painting and floral genre, arts and handcrafts, geomancy legend, and the traditional Asian medical science regime) This is a 7 day class. Supply fee: \$100 paid to instructor first night of class. Instructor: Fan-Yi (Debbie) Chen

## 19W300-1 Register by 1/25

Location: Day(s): Date(s):

Time: Class Fee:

n: Heritage HS Monday(s) : Feb. 4, 18; Mar 4, 18; April 1, 15, 29

6 - 8 PM ee: \$95

#### LEARN TO HENNA

Henna tattoos are an excellent way to add complexity and exotic beauty to the body. It is a form of body art from Ancient India, in which decorative designs are created on a person's body, using a paste, created from the powdered dry leaves of the henna plant. Henna tattoos are temporary, they generally last for a few days. Learn to create beautiful designs by an experienced henna artist. Supply fee: \$30 paid to instructor first night of class. Instructor: Jenna Dulude **19W305-1** 

#### Register by 1/25

Location: Day(s): Date(s): Time: Class Fee: **25** Heritage HS Tuesday(s) Feb. 5 - Mar. 12 5:30 - 7:00 PM \$60

## HEALTH

#### SELF DEFENSE FOR ADULTS

Learn basic self-defense techniques and a basic fitness regimen to boost your selfconfidence. Wear loose-fitting clothing and comfortable shoes. Instructor is John Vasquez of Gold Medal Martial Arts who has years of experience teaching the martial arts. **19W215-1** 

#### Register by 1/25

NEW Location: Sherwood Elementary Day(s): Wednesday(s) Date(s): February 6 - 27 Min/Max: 8/20 Time: 7:30-8:15 pm Class Fee: \$30

## Register at www.celighthouse.org

## ENRICHMENT CLASSES

#### INTRODUCTION TO BEEKEEPING TO BEE OR NOT TO BEE!



Bees are necessary for our existence as they pollinate the plants upon which we and other animals dine. In this comprehensive class you will learn the basics of beekeeping and by the end of the session should have enough information to decide if beekeeping is for you. Instructor: Dan Keane. \*\* The first two sessions will be held at Heritage High School. The remaining 3 sessions will be outdoors at another apiary locations so please dress for the weather 10W 425 4 Decider by 2/4

#### weather. 19W435-1 Register by 3/1

Location: Day(s): Time: Heritage High School (first 2 classes); then outdoor locationsTuesday(s)Date(s): Mar. 12-Apr. 16 \*No Class Mar. 26\*6 - 8 PMClass Fee:\$40

#### LIVING BEYOND THE

MASK A support group helping individuals live beyond



the mask of everyday struggles. This class goal is to help individuals identify unwanted feelings, shortcomings, how to heal within, loving one self, building confidence and selfesteem. Each student will also receive a journal to keep track of progress. Instructor: Shadena Shipman

#### 19W430-1 Register by 1/18

Location:	Heritage HS
Day(s):	Monday(s)
Date(s):	Jan. 28 - Mar. 4
Time:	6 - 8 PM
Class Fee:	\$40

8

## ENRICHMENT CLASSES

#### STUNNING & STRESS-FREE WEDDINGS

Take the guesswork out of planning your wedding! This session will give you the tools and knowledge you need to organize yourself in order to plan a successful and stress free wedding. The planner will help guide you in the right direction to help you avoid planning pitfalls and provide sound advice on your big day. Bring your list of questions and your ideas! Instructors: Andrea Hudson, Wedding Planner, and Miranda Keenan, Event Coordinator from the Horizons Conference Center

# 19W400-1Register by 3/1Location:Heritage HSDay:WednesdayDate:March 13Time:6 - 8 PMClass Fee:\$26

## BICYCLE REPAIR & MAINTENANCE

Spring is here and we all have been waiting to get outside and enjoy the fresh air. It is time to take a look at your bicycle and make sure it is in proper working condition and learn the correct maintenance of your bicycle. In this class you will learn basic repairs such as changing a flat tire, brake & shifting systems, chain repair, lubricating the bike, what special tools you will need for proper maintenance and many more helpful tips. Learning the proper style size and type of bicycle that will fit your needs will be discussed. This class will be held off site at Bicycle Village. O & A at the end of class. Instructor: Fred Bauer

#### 19W420-1 Register by 3/1

Location:	Bicycle Village
	5675 Bay Rd. Saginaw
Day:	Wednesday
Date:	March 13
Time:	6 - 8 PM
Class Fee:	\$15

#### TRASH INTO CASH EBAY I

Got too much stuff? Make money cleaning out your garage or basement by selling your unwanted belongings on eBay! The Basics of Selling on eBay 1 is designed to equip students with the fundamental knowledge & skills to become a successful seller on eBay. Taught by a veteran eBay PowerSeller who is an Education Specialist trained by eBay. You will learn how to: create eBay and PayPal accounts, display & describe items that you are selling, determine pricing and listing options. Basic computer skills are helpful. An optional study guide may be purchased for \$20 on the day of class. Instructor:

#### Cheri Friske 19W410-1 Register by 1/18

Location: Day: Date: Time: Class Fee:

Heritage HS Monday January 28 6 - 9 PM \$39



#### **SELL IT ON EBAY II**

Too much stuff: Shed those unwanted belongings using eBay. The Basics of Selling on eBay II takes you to the next level in your quest to master the art of turning trash into cash. In this course, the instructor brings an item to be sold and the class participates in "putting it on eBay". Students are also encouraged to bring a small item from home for guidance in preparing it for eBay. Participation requires that students bring materials from the first class and have active eBay and PayPal accounts. Instructor:

#### Cheri Friske 19W415-1 Register by 2/1

Location: Heritage HS Day: Monday Date: February 11 Time: 6 - 9 PM Class Fee: \$39

**V415-1** 1 Heritage HS Monday

#### ALTERING READY-TO-WEAR FASHION

Do you need to shorten a skirt or pair of pants? In this 4-week class, you will see demonstrations on how to alter your clothing. Learn how to replace zippers, shorten sleeves and make your clothes fit. Bring your sewing machine, if you have one, and a project to work on. There will be a few machines available to share. Instructor: Christopher Eddington, Master Tailor, Executive Tailoring & Sewing

#### Session 1 – 19W405-1 Register by 1/18

itegiotei a,	.,
Location:	Heritage HS
Day(s)	Tuesday(s)
Date(s):	Jan. 29 - Feb. 19
Time:	6 - 9 PM
Class Fee:	\$58
Session 2 -	- 19W405-2
Design termine	A / A
Register by	/ 3/1
Location:	Heritage HS
• •	
Location:	Heritage HS
Location: Day(s)	Heritage HS Tuesday(s)
Location: Day(s)	Heritage HS Tuesday(s) Mar.12 - Apr. 9
Location: Day(s) Date(s):	Heritage HS Tuesday(s) Mar.12 – Apr. 9 *No Class Mar. 26*

#### Register online at www.celighthouse.org

Classes will not meet when Saginaw Township Community Schools are closed due to the weather. Check the school district website (www.stcs.org) for cancellation info.



After the registration deadline, you may still be able to register by phone if a class is going and space is available!

## ENRICHMENT CLASSES

#### LIVE YOUR DREAM 2019 -VISION BOARD PARTIES

Creating a vision board to motivate and help you visualize your best life and what is important to you. Come and explore what you want in 2019. Supplies provided. Feel free to bring photos and embellishments you would like on your board. Instructor: Michelle McGregor, Duperon Education



#### Session 1 – 19W425-1 THEME: NEW BEGINNINGS

Register by 1/18	
Location:	Heritage HS
Day	Thursday
Date:	January 31
Time:	6 - 9 PM
Class Fee:	\$40
Session 2 – 1	9W425-2
<b>THEME: LOV</b>	E
<b>Register by 2</b>	/1
Location:	Heritage HS
Day	Thursday
Date:	February 14
Time:	6 - 9 PM
Class Fee:	\$40
	<del>7</del> · <del>2</del>
Session 3 – 1	· · · · · · · · · · · · · · · · · · ·
Session 3 – 1	· · · · · · · · · · · · · · · · · · ·
Session 3 – 1	9W425-3 AL" DIGGERS
Session 3 – 1 THEME: "GO	9W425-3 AL" DIGGERS
Session 3 – 1 THEME: "GO Register by 2	9W425-3 AL" DIGGERS /22
Session 3 – 1 THEME: "GO Register by 2 Location:	9W425-3 AL" DIGGERS /22 Heritage HS
Session 3 – 1 THEME: "GO Register by 2 Location: Day	9W425-3 AL" DIGGERS /22 Heritage HS Thursday
Session 3 – 1 THEME: "GO Register by 2 Location: Day Date: Time: Class Fee:	9W425-3 AL" DIGGERS /22 Heritage HS Thursday March 7 6 - 9 PM \$40
Session 3 – 1 THEME: "GO Register by 2 Location: Day Date: Time:	9W425-3 AL" DIGGERS /22 Heritage HS Thursday March 7 6 - 9 PM \$40
Session 3 – 1 THEME: "GO Register by 2 Location: Day Date: Time: Class Fee:	9W425-3 AL" DIGGERS /22 Heritage HS Thursday March 7 6 - 9 PM \$40 9W425-4
Session 3 – 1 THEME: "GO Register by 2 Location: Day Date: Time: Class Fee: Session 4 – 1	9W425-3 AL" DIGGERS /22 Heritage HS Thursday March 7 6 - 9 PM \$40 9W425-4
Session 3 – 1 THEME: "GO Register by 2 Location: Day Date: Time: Class Fee: Session 4 – 1 THEME: BLO	9W425-3 AL" DIGGERS /22 Heritage HS Thursday March 7 6 - 9 PM \$40 9W425-4 OM INTO

Location:	Heritage HS
Day	Thursday
Date:	April 11
Time:	6 - 9 PM
Class Fee:	\$40

## **BUSINESS CLASSES**

#### RETIREMENT PLANNING TODAY

The key to long-term financial success, in good and bad economic times, is learning how to make better financial decisions. Yet we all know how difficult it can be to find concise, reliable information that can make a difference. The "Retirement Planning Today" course blends the most recent legislative changes with timetested financial strategies to help you plan your future with confidence. Instructor: David Abbs, Abbs Financial Planning

#### Session 1 - 19W500-1

Register by 3/1	
Location:	Heritage HS
Day(s)	Tuesdays
Date(s):	March 12 & 19
Time:	6 - 8:30 PM
Class Fee:	\$15
Session 2 – 1	9W500-2
Session 2 – 1 Register by	9W500-2
	<b>9W500-2</b> Heritage HS
Register by	
Register by Location:	Heritage HS

#### A LIFETIME OF SUPPORT: PLANNING FOR A FAMILY MEMBER WHO HAS SPECIAL NEEDS

\$15

Special needs planning is a shared experience among U.S. households. Whether your child was recently diagnosed or has had special needs for many years, it is critical that every member of your family be involved in a strategy that can help ensure his or her financial security. This task can seem daunting — but you don't have to do it alone. Instructor: Shelley Norris, Senior Financial Advisor, Merrill Lynch **19W505-1** 

#### **Register by 2/8**

Class Fee:

Location: Heri Day: Thur Date: Febr Time: 6:30 Class Fee: \$15

Heritage HS Thursday February 21 6:30 - 8:00 PM ¢15

#### **"THE CLASS": LEARN ENTREPRENEURIAL SKILLS TO FOLLOW YOUR NEEDS**

The Class is a curriculum developed by Terry Duperon and defined to encompass basic entrepreneurial skill sets anyone can use; the ability to see and hear opportunity, take productive action, create something new, and overcome obstacles. Everyone has dreams and desires, but few of us pursue them. Follow Your DREAM!!! The Class will help you identify your personal dreams and show you how to make them happen. All materials provided. Instructor: Michelle McGregor, Duperon Education

#### Session 1 – 19W510-1 Register by 1/18

itegiotei by	1/10
Location:	Heritage HS
Day(s)	Mon(s) & Wed(s)
Date(s):	Jan. 28, 30, Feb. 4, 6
Time:	6 – 9 PM
Class Fee:	\$200
Session 2 -	· 19W510-2
<b>Register by</b>	3/1
Location:	Heritage HS
Day(s)	Mon(s) & Wed(s)
Date(s):	March 11, 13, 18, 20
Time:	6 – 9 PM
Class Fee:	\$200
Session 3 -	· 19W510-3
<b>Register by</b>	3/22
Location:	Heritage HS
Day(s)	Mon(s) & Wed(s)
Date(s):	April 8, 10, 15, 17
Time:	6 – 9 PM
Class Fee:	\$200



#### FEEDING YOUR FAMILY ON A BUDGET

Tired of running out of food? Do you need help on how to create a food budget without breaking the bank? In this 2-hr. class, you will learn how to read sales ads, create 6 weeks worth of a rotating meal plan, and create a budget that works for you family. This class will teach you how to prepare a monthly food budget that fits your family's needs and also squeeze in any extra dietary needs. Instructor: Samantha Emmons, former restaurant manager and mother of 3 growing boys.

#### Session 1 - 19W515-1

#### Register by 1/18

Heritage HS
Wednesday
January 30
6 - 8 PM
\$25
9W515-2
9W515-2 /25
/25
<b>/25</b> Heritage HS

#### MAXIMIZE YOUR MEDICARE

Class Fee:

Join Jae W. Oh, Certified Financial Planner, Chartered Life Underwriter, Chartered Financial Consultant and author of top-rated, top-selling "Maximize Your Medicare" as he discusses Medicare, the cornerstone of retirement planning for all Americans. NEW for 2019: a new enrollment period for those existing Medicare Advantage policyholders, which is running throughout the first quarter of 2019. **19W520-1** 

\$25

#### Register by 2/1

Location:	Heritage HS
Day:	Monday
Date:	February 11
Time:	6 - 8 PM
Class Fee:	\$15

## YOUTH AND TEEN CLASSES

#### EMPOWERMENT AND CONFIDENCE FOR YOUNG GIRLS

This class teaches young girls ages 12-18 how to have self-love, confidence and empowerment. They will learn how to work through body image issues, learn how to make friends that support them, choose to find love internally vs externally and resources to stand up for themselves against bullies. Every young girl deserves to be themselves and the class will provide them with the tools to grow in their own self-love journey to achieve all their goals. Instructor: Lisa Thompson

#### 19W605-1 Register by 2/8

Location:	Heritage HS
Day(s):	Tuesday(s)
Date(s):	Feb. 19 & 26
Time:	6:00 - 7:30 PM
Class Fee:	\$35

## MARTIAL ARTS FOR KIDS (AGES 5-10)

These classes will focus on selfdefense, fitness and discipline. Instructor: John Vasquez of Gold Medal Martial Arts who has years of experience teaching the martial arts.

#### 19W610-1 Register by 1/25

NEW Location:	Sherwood
	Elementary
Day(s):	Wednesday(s)
Date(s):	Feb. 6 - 27
Time:	6:45 - 7:30 PM
Class Fee:	\$40

#### AESOPS FABLES BEGINNING READERS THEATRE PLAYSHOP

From ancient Greece these enduring tales transcend time. Each class will explore a new fable. Readers Theatre introduces the elements of drama into literacy learning and magically transforms any space into a stage. All kids will have roles to read and will help create their characters with fun hats, props or puppets. Instructor: Amy Behrens, who has been involved in theatre since 1978.

#### 19W615-1 Register by 1/25

Location:	Heritage HS
Day(s):	Wednesday(s)
Date(s):	Feb. 6 – 27
Time:	6:30 – 7:30 PM
Class Fee:	\$40

If you don't get a phone call from us after registering, it means your class is a go! You will only hear from us if the class is cancelled.

#### **Looking for Instructors!**

We will be working on our Spring Lighthouse Brochure which will be mailed the first week of April. If you have a skill, hobby, or special interest that could be developed into a Community Education class, send us an email to commed@stcs.org!

#### Register online at www.celighthouse.org

#### Where Does My Class Meet?

Class locations are listed for each class, but not the room. If your class is at Heritage, our night staff person has a schedule of rooms who will help you find your class! For other schools, call Community Education at 797.1847

## YOUTH AND TEEN CLASSES

#### JUNIOR ENGINEERS Ages 4 and 5 years

Young students build fun and simple models using DUPLO® blocks. By playing with and manipulating the models, they experience pulleys, levers, gears, wheels and axles while exploring energy, buoyancy, and balance. Classes include free-building time to promote creativity.

#### Instructor: Snapology

#### 19W640-1 Register by 1/18

Location:	Heritage HS
Day(s):	Monday(s)
Date(s):	Jan. 28 - Mar. 18
Time:	5:30 - 6:30 PM
Class Fee:	\$125

#### MEGA MACHINES ROBOTICS – Ages 6-10

Young students build fun and simple models using DUPLO® blocks. By playing with and manipulating the models, they experience pulleys, levers, gears, wheels and axles while exploring energy, buoyancy, and balance. Classes include free-building time to promote creativity. Instructor: Snapology.

#### 19W645-1 Register by 1/18

Location:	
Day(s):	
Date(s):	
Time:	
Class Fee:	

Heritage HS Monday(s) Jan. 28 - Mar. 18 5:30 - 6:30 PM \$125

#### FULL refunds will be made if the class is cancelled by Community Education.

ALL other refunds must be requested at least 3 days before the start of a class. A \$4 processing fee will be charged for dropped classes. Non-credit card refunds will be paid by check within 2 weeks.

#### ANIMATION STUDIO Ages 10 and older

Create fantastic movies with stop motion animation using LEGO® bricks. Students will work in teams under guided instruction to make a digital movie using stop motion techniques. Teams will go through the entire movie making process, from plot and character planning to editing. The best part is, their video will be uploaded to Snapology's YouTube channel, so they can show friends and family their very own video! Instructor: Snapology.

#### **19W650-1 Register by 1/18** Location: Heritage HS Day(s): Wednesday(s)

Day(s): Date(s): Time: Class Fee: Wednesday(s) Jan. 30 - Mar. 20 5:30 - 6:30 PM \$125

#### CHILD AND BABYSITTING SAFETY (ages 11-15)



Child and Babysitting Safety training focuses on supervising, caring for, and keeping children and infants safe in babysitting settings. The program provides fundamental information in the business of babysitting, proper supervision, basic caregiving skills, and responding properly to ill or injured children and infants. \*Includes materials and certification card. \*Please bring bag lunch and snack. Instructor: Brian Mattheis, EMT-P **19W620-1** 

#### Register by 3/1

Location: Arrowwood Conf. Cntr. Day: Saturday Date: March 9 Time: 9:00 AM - 5:00 PM Class Fee: \$70

#### INTRODUCATION TO THE GERMAN LANGUAGE & CULTURE

This class is for students in 9<sup>th</sup>-12<sup>th</sup> grade who are interested in expanding their horizons beyond our small corner of the world and engaging in class activities that will introduce them to the most widely spoken native language in Europe. During each class, students will learn about an aspect of the German culture relevant to them and they will hear, understand, read, write, and even speak the German language! By the end of six weeks, students will be able to carry on a basic conversation and they will have developed an appreciation for a culture different than their own. Instructor: Melissa Hoch, a former middle and high school German teacher.

#### 19W630-1 Register by 2/22

Location:	Heritage HS
Day(s):	Wednesday(s)
Date(s):	Mar. 6, 13, 20, &
	Apr. 3, 10, 17
	*No Class Mar. 27*
Time:	6:30 - 7:30 PM
Class Fee:	\$60

#### Register online at www.celighthouse.org

Classes will not meet when Saginaw Township Community Schools are closed due to the weather. Check the school district website (www.stcs.org) for cancellation info.



After the registration deadline, you may still be able to register by phone if a class is going and space is available

## YOUTH AND TEEN CLASSES

#### VISION BOARD WORKSHOP FOR TEENS: Create the vision of your future

Vision boarding is a fun and creative way to get clear on the things you would like to attract into your life. It can focus on a specific thing in your life or multiple things. This workshop will help you become one step closer to reaching your goals. Ages 12-18. All materials provided.

Instructor: Lisa Thompson

#### Session 1 – 19W625-1 Register by 2/25

register by	2/25			
Location:	Heritage HS			
Day	Tuesday			
Date:	February 5			
Time:	6:00 - 7:30 PM			
Class Fee:	\$40			
Session 2 – 19W625-2				
Register by 2/1				

#### Location: Heritage HS Day Tuesday Date: February 12 Time: 6:00 - 7:30 PM Class Fee: \$40

#### WRITING TO WIN: Scholarship essay writing 101

Learn how to write a distinguished competitive college essay, strengthen your writing skills, and increase your chances of winning scholarships to fund your college education. Class will include lessons on grammar, tone, style, formatting, & more. Instructor: Erinna McKissick Errina has a BA in Journalism and currently sits on a non-profit Board that awards scholarships to high school seniors.

#### 19W635-1 Register by 1/18

Location:	
Day(s):	
Date(s):	
Time:	
Class Fee:	

Heritage HS Thursday(s) Jan. 31 & Feb. 7 6 - 7 PM \$40

#### KIDS WATERCOLOR WORKSHOP(Ages 6-11)

Learn how to draw and paint popular cartoon characters, as a stepping stone to creating your own colorful comics or cartoons. (3 week class) Supply fee: \$8 paid to instructor first night of class. Instructor: Andrea Hewett

#### 19W655-1 Register by 2/8

Location: Day(s): Date(s): Time: Class Fee: Heritage H.S. Tuesdays 2/19, 2/26 and 3/5 6:45-7:45 \$35

#### COMPUTER CARTOON CREATION

Learn how to create artwork on the computer and put it in motion, as a stepping stone to creating your own colorful gifts or cartoons. (3 week class) Instructor: Andrea Hewett

#### 19W660-1 Register by 2/8

Location: Day(s): Date(s): Time: Class Fee:

Heritage H.S. Tuesdays 2/19, 2/26 and 3/5 5:30-6:30 \$35

#### Register online at www.celighthouse.org

Classes will not meet when Saginaw Township Community Schools are closed due to the weather. Check the school district website (www.stcs.org) for cancellation info.



After the registration deadline, you may still be able to register by phone if a class is going and space is available!

#### STCS 2019 School Calendar

January 2019				
Mon	Tues	Wed	Thu	Fri
	1/x	2/x	3/x	4/x
7	8	9	10	11
14	15	16	17	18
21/xPD	22	23	24	25
28/RW	29	30	31	

X=No School - Winter Break

RW=Record day (full day) No school HS. WPMS end of 1st semester - Jan. 28

,					
	Feb	ruary 2	2019		
Mon	Mon Tues Wed Thu Fri				
				1	
4	5	6	7	8	
11	12	13	14	15ERW	
18	19	20	21	22	
25/C3	26/C3	27/C4	28/C4		

ERW=Elem Record day, students AM -(HS/MS has full day with students) C3, C4=Parent Teacher Conferences

C3: Heritage/Elementary C4: WPMS

March 2019				
Mon	Tues	Wed	Thu	Fri
				1/x**
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25/x	26/x	27/x	28/x	29/x
X=No Sc	shool - S	nring Bre	ak	

X=No School - Spring Break

\*\* Mar. 1 - used for snow day makeup if need

April 2019				
Mon	Tues	Wed	Thu	Fri
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19/x
22	23	24	25	26: 1/2
29	30			
X=No Sc	nool: Good	Friday 4	/19	

X-110 00	1001, 0000	i i nuay 4/	15	
May 2019				
Mon	Tues	Wed	Thu	Fri
		1	2	3: 1/2 PD
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24: 1/2
27/x	28	29	30	31
X=No School - Memorial Day				

7 110 0		onnoniui	Duy	
June 2019				
Mon	Tues	Wed	Thu	Fri
3	4	5	6	7
10 11 12 13 <b>14/LD</b>				
LD = Last Day with students				

# Sister Survivor

Saginaw Township Area Schools Presents Speaker

## Bethany Bauman

Survivor and Advocate

A former collegiate gymnast and 2003 graduate of Heritage High

School, Bethany is a daughter, sister, mother, and wife. She is a survivor of childhood sexual abuse and an advocate for other survivors. After 15 years of silence, with help from her family, friends, and fellow sister survivors, Bethany found the strength to speak out against her abuser, Larry Nassar, and put him away for life. In going public with her story, she hopes to educate others and change the culture of sexual abuse, going forward.

#### Date: Monday, February 11

Valley Lutheran9:32 - 10:07 amNovel Catholic Central11:00 - 11:50 amHeritage High School1:50 - 2:40 pmHeritage High School6:30 - 8:00 pmConstruct Tim Conley at 989-799-5790 ext. 8060 or email tjconley@stcs.org



Get in the game to help make our schools safe. Step up and speak

up. The **OK2SAY** app lets a person confidentially report anything that threatens them or the safety of other students. Submit a tip by phone, text, or email, on the iPhone or Android app. Make the play, use OK2SAY!



#### The Hope Cafe!



Tune in to **"Java With Jan" videos** at www.stcs.org\_for videos about topics of interest in our schools and our community! If you have a community event or program that you would like the community to hear about, call Steve Elliott at 399.8029!

PLEASE NOTE: Beginning in late January – early February, the celighthouse.org web site will be updated, as eClassTrak will then become DigitalSignup.

This change will require registrants to "re-register" for online registrations.

The objective is that the new interface will be easier to navigate and have a more modern look. Hope you like it!

## 2ND ANNUAL **CABIN FEVER FESTIVAL!** HUSTED BY SAGINAW TUWNSHIP COMMUNITY EDUCATION Saturday, March 2 - Honitago High School

## Saturday, March 2 - Heritage High School

3465 N. Center Rd, Saginaw, MI 48603



with Special Vendors!
 and K-12 "Open Mic" Music Performances!!

Admission: 9 - 10 am Early Bird - \$5; 10 am - 1 pm - \$3

**Everyone in the community is invited to the Festival!** 

Looking for Mom2Mom, Vendor, Flea Market sellers, and K-12 Music Performers (3 - 5 minute singing, instrumental)!

Mom2Mom sellers: \$20 for first 8' space (\$15 additional 8' spaces)

Vendors: \$50 per 10' space – only one vendor per business (Contact Tessi at 989-213-8247 to check the list.)

Flea Market sellers: \$20 for 8' space (\$15 additional spaces)

Lock in your space! Call Community Education at 797-1847 for details or www.stcs.org/District/Department/3-Community-Education

**Proceeds are for Heritage High School Leadership Class!** 

## **LIFEGUARD TRAINING - WINTER 2019 COURSE**

Course held at the Sherwood Elementary School Pool, 3870 Shattuck, Saginaw, MI 48603

Course will teach lifeguard candidates the skills and knowledge needed to recognize, prevent, and respond quickly and effectively to aquatic emergencies and prevent drowning and injuries. Minimum age is 15 years on/by the last class session. Participants must be able to pass a swimming pretest on the first day. One part of the pretest is a 300 yard continuous swim. Participants who complete the course successfully will receive an America Red Cross Lifeguard Certification Card.

Fee to Community Education is \$0, but registration is required. **Lifeguard Card fee due to Zenders at the first class is \$35**. Upon successful completion of this course (participants must attend all 6 days of class), participants must come to work at Zehnder's Splash Village. If participants choose not to come to work for Zehnders, s/he will be charged an additional \$74 for the cost of the class.

#### Course Code: 19JLGuard

Friday	January 11	7 pm - 9 pm
Saturday	January 12	9 am - 4 pm
Sunday	January 13	9 am - 4 pm
Saturday	January 19	9 am - 4 pm
Sunday	January 20	9 am - 4 pm
Saturday	January 26	9 am - 4 pm



Register at www.celighthouse.org or call Community Education at (989) 797-1847 to register.

## SAGINAW TOWNSHIP COMMUNITY SCHOOLS FOUNDATION

Thanks to the generosity of parents, staff, area residents and business owners each year the STCS Foundation is able to

**award grants** for projects that enhance educational opportunities for STCS students of all grades. It **funds enrichment projects** that cannot be included in the regular STCS budget. Students at all STCS schools benefit from these grants.

#### Please make your contribution to the STCS Foundation:

- online at http://saginawfoundation.thankyou4caring.org/stcsf
- through United Way by designating the Saginaw Township Community Schools Foundation
- write a check (payable to STCS Foundation) and mail it to STCS Foundation P.O. Box 6278 Saginaw, MI 48608

The Saginaw Township Community Schools Foundation partners with the Saginaw Community Foundation, a 501(c)(3) organization, to allow donations to be tax deductible.

Need a little more time to pick up your 3<sup>rd</sup>-5<sup>th</sup> grader? **TechTime** is held in the computer lab at Arrowwood, Hemmeter, and Weiss Elementaries and is open until 3:45 pm each school day (until 11:55 AM on AM half-days of school)! Cost is \$40 per month per family! It is FREE until 3:10 pm if parents have a K-2 sibling at another STCS school. Pre-registration is required. See page 21 for more details!

#### After School Club - ASC- for White Pine Middle School students!

This club will be open after school until 6 pm each full day school day (not open on half-days of school.) Computer access, activities, and time to do homework if the student so chooses! Students will also be able to participate in other White Pine activities elsewhere on campus. Parents can schedule the days chosen on a weekly basis. To get details and/or enroll your middle school student, call Community Education at 797-1847. Students must be pre-registered in order to attend. Cost is \$7 per day, paid weekly.



#### Daytime Aquatics Exercise/CardioSplit at the Sherwood Pool (corner of Mackinaw & Shattuck)

Enjoy the comraderies up to 5 days per week (see schedule below) and stay in shape with a low impact water workout in a warm water pool with instructor-led exercises you can do at your own pace. Purchase a Membership pass (see below) at the pool or pay \$3.25 per visit (\$4 for Lap Swim). Drop in at any time. Everyone is welcome! The ability to swim is not required!

Monday	Tuesday	Wed.	Thursday	Friday
Aq. Exercise	Aq. Exercise	Aq. Exercise	Aq. Exercise	Aq. Exercise
7-7:55 am	7-7:55 am	7-7:55 am	7-7:55 am	7-7:55 am
Cardio Split	Cardio Split	Cardio Split	Cardio Split	Cardio Split
8:10-9:05	8:10-9:05	8:10-9:05	8:10-9:05	8:10-9:05
Aq. Exercise	Aq. Exercise	Aq. Exercise	Aq. Exercise	Aq. Exercise
9:20-10:15	9:20-10:15	9:20-10:15	9:20-10:15	9:20-10:15
Aq. Exercise 10:30-11:25		Aq. Exercise 10:30-11:25		Aq. Exercise 10:30-11:25
Lap Swim		Lap Swim	Jr. Swim Club	Lap Swim
11:35-12:45		11:35-12:45	4:40 - 5:20 pm	11:35-12:45
Swim School	H20 BootCamp	Swim School	H20 BootCamp	Swim School
4:40 - 7:50 pm	5:30-6:15 pm	4:40 - 7:50 pm	5:30-6:15 pm	4:40 - 7:05 pm
	H20 BootCamp 6:20-7:05 pm		H20 BootCamp 6:20-7:05 pm	Adult Swim School 7:15 - 7:45 pm

Membershin	Rates A	nuatics	Exercise/CardioSplit	
Menner 200	nales. A	yuancə		

Quarterly	Under 60 yrs.	60 year or older
<ul> <li>December - February:</li> </ul>	\$92	\$86
March - May:	\$92	\$86
June - August:	\$79	\$73

**H<sub>2</sub>0 BootCamp** - Plan to get wet with a fast-paced high-energy class in Sherwood's warm water pool that will get your body moving without the joint contact that occurs on a hard floor! The ability to swim is not required. **NEW TIMES!** Choose the time that fits your schedule. **NEW INSTRUCTOR** is Tara Cohee.

**19WH2O-1** Tues/Thurs: 5:30 - 6:15 pm Jan. 15 - Mar 21 \$67 **19WH2O-2** Tues/Thurs: 6:20 - 7:05 pm Jan. 15 - Mar. 21 \$67 Registration opens on **MONDAY, JANUARY 7** at 8 am!

#### Lap Swim

Days: Monday/Wednesday/Friday \$4 per visit Time: 11:30-12:45 (outside entry closes at 12 noon)

#### **Daily Option**

Daily Rate is \$3.25 per visit, for Aquatics Exercise and \$4 per visit for Lap Swim, payable at the pool. Entry on M/W/F closes at 12 noon.

10-pass Coupon sheets are available for daily visits to AquExercise (\$30) or Lap Swim (\$40). Coupon sheets are available for purchase from the Door Greeters!



#### Swim School – Winter Registration for classes Feb. 4 - March 22 at the Sherwood Pool

#### Walk-in Registration at Sherwood: 5:30-6:30 pm each night

- Tuesday, January 29: Members who just finished in January
- Wednesday, January 30: Returning members or new members

Walk in/Phone Registration (797.1847) for remaining openings accepted at Community Education from 8 am - 4:30 pm beginning **Thursday, January 31.** 

Tiny Tots is for children ages 6 month - 4 years of age with an adult in the pool. Level 1 is for ages 4 years and older; Levels 2 through 8/9/10 are based on swim ability.

Choose between the following days and times:

#### Monday, Feb. 4 - Mar. 18 (if needed, Apr. 1)

4:45-5:15 pm	Level 1	Level 2	Level 3	\$59
5:20-5:55 pm	Level 4/5	Level 6/7	Level 8/9/10	\$69
6:00-6:30 pm	Tiny Tots	Level 1	Level 2	\$59
6:35-7:05 pm	Level 1	Level 2	Level 3	\$59
7:10-7:50 pm	Level 4/5	Level 6/7	Level 8/9/10	\$79

#### Wednesday, Feb. 6 - Mar. 20 (If needed, Apr. 3)

4:45-5:15 pm 5:20-5:55 pm	Tiny Tot Level 4/5	Level 1 Level 6/7	Level 3 Level 8/9/10	\$59 \$69
6:00-6:30 pm	Tiny Tots	Level 1	Level 2	\$59
6:35-7:05 pm	Level 1	Level 2	Level 3	\$59
7:10-7:50 pm	Level 4/5	Level 6/7	Level 8/9/10	\$79

#### Friday, Feb. 8 - Mar. 22 (if needed, Apr. 5)

4:45-5:15 pm	Level 1	Level 2	Level 3	\$59
5:20-5:50 pm	Tiny Tots	Level 1	Level 2	\$59
5:55-6:25 pm	Level 1	Level 2	Level 3	\$59
6:30-7:00 pm	Tiny Tots	Level 1	Level 2	\$59
7:05-7:45 pm	Level 4/5	Level 6/7	Level 8/9/10	\$79

Adult Swim SchoolLearn to swim lessons for adults.No previous swim experience needed.\$54Fridays7:15 - 7:55 pmFeb. 8 - Mar.22 (if needed, April 5)

**Jr. Swim Club** The Jr. Swim Club is a pre-competitive swim club for those who are considering joining a swim team and would like a more intense workout. \$74 Thursdays 4:40-5:20 pm Feb. 7 - Mar. 21 (if needed, Apr. 4)

#### **Private Swim Instruction**

Community Education is now offering scheduled private one-on-one swim instruction with our Aquatic's Manager, Joel Dollhopf. These lessons are for youngsters as well as for adults. Swimmers must be at least 4 years old and must be comfortable working individually with an instructor. Location: Sherwood Pool

#### Call 797.1847 to register!

Days:	Mon, Wed, and/or Fridays
Dates:	Feb. 4 through Mar. 22 (21 half-hour spots available)
Time:	4:10 - 4:40 pm each day
Cost:	\$20 per half hour lesson per person pick one day or
	several days

#### **Basic Explanation of Swim Levels**

**Tiny Tot**: ages 6 months to 4 years old with an adult in the water

**Level 1:** must be at least 4 years old; not had lessons; may be uncomfortable in the water

**Level 2:** at least 4 years old; comfortable in the water; to pass Level 2, must be able to easily swim 1 WIDTH of the pool front and back crawl

**Level 3:** must be able to easily swim one width of the pool front and back crawl; to pass Level 3, must be able to easily swim 1 LENGTH of the pool front and back crawl

**Level 4**: at a minimum, must be able to easily swim the front and back crawl LENGTH

**Level 5:** at a minimum, must be able to easily swim the front and back crawl 2 LENGTHS

**Level 6:** at a minimum, must be able to easily swim the front and back crawl 4 LENGTHS

**Level 7:** at a minimum, must be able to easily swim the front and back crawl 4 LENGTHS of the pool, plus swim breaststroke and sidestroke

**Level 8:** at a minimum, must be able to easily swim the front and back crawl 8 LENGTHS of the pool, plus swim breaststroke, sidestroke, and butterfly.



#### **Community Education K-5 After School Activities Clubs**

All five elementary schools have ASAC programs: a safe, fun place for students after school! The ASACs are licensed by the Michigan Department of Human Services and meet those quality standards. All

students must be pre-registered at least 2 days prior to the first attendance date. **Registration forms** 

**are at http://saginaw.cyberschool.com/District/Department/3-Community-Education.** Each form can be printed out and completed and returned to the Community Education office. Forms are also available at the Community Education office. The address is 3465 N. Center Rd, Saginaw, MI 48603. We are located in the Board of Education office at Heritage High School (North Entrance). A registration fee is due at time of registration (\$25 for an individual; \$30 per family).

The Weekly Schedule and Payment form must be returned, with payment, at each of your individual child's center by 6 pm Thursday the week before attending. If online scheduling and payment is used, you will have until Sunday of that same week. There is a \$1.75 convenience fee to use online scheduling and payment.

Per Day Rate per child	
\$7.70	
\$9.70	
\$10.20 + Pickup Time fee	
\$24.20	
	\$7.70 \$9.70 \$10.20 + Pickup Time fee

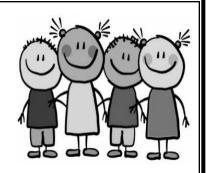
Pre-Paid EZ-Passes are available for those who use the program on a periodic basis and have pre-registered their child. Passes may be purchased at the individual centers. EZ-Passes are good for emergencies also.

After School Days:	\$12.20/day (can be used for any after school day, but not same day)
Half days - AM or PM:	\$23.20/day (can be used on special half-days of school)
Full days	\$27.20 (used on no school days when the center is open)



Children who are 5 years old by Sept. 1, 2019 are eligible for school!

## Kindergarten Parent Information Night For Enrollment Fall 2019



## Wednesday, March 6

6:00 - 7:30 pm

(Doors open at 5:30 pm)

#### Arrowwood Conference Center, 5410 Seidel, Saginaw, MI 48638

Parents and care-givers are invited to learn about innovative, award-winning, child-centered Kindergarten and Pre-Kindergarten programs and services offered by our school district. Enrollment and other information will be provided during this event. Our presentation format will be geared toward adults – childcare will not be available. For more information call Sherwood (799-2382), Westdale (797-1827) or Hemmeter (797-1832). We look forward to meeting and sharing with you!



#### 2019 Board of Education



The Board of Education generally meets on the 2nd and 4th Monday. Agendas are posted at the Board of Education office, on the district web site, and are available at the meetings. Meetings start at 7 pm at the Arrowwood Conference Center, 5410 Seidel Road. Board of Education members are: Marianne Bird, Janice Collison, Michael Colucci, Jenean Coughlin, David Jaffee, J. Frederick Littles, M.D., and Arik Smith. The upcoming Board Meeting Schedule is as follows:



Mar. 11 (Westdale program)

Jan. 14 (Arrowwood program) Jan. 28 Feb. 11 (Hemmeter program) Feb. 25

Mar. 18 Apr. 8 (Weiss program) Apr. 22

May 13 (Sherwood program) May 20 June 10 June 17

#### Help Wanted!

SCHOOL BOARD

Looking for employment in STCS?

Substitutes are needed for:

- Campus Security
- **Nutrition Services**
- Noon Hour Supervisor
- **Bus Drivers** •
- **Campus Security** •
- Paraprofessionals
- Daytime Lifeguards (certified) •

To apply for the above positions, visit the district website at www.stcs.org

- 1. Click on: Employment (left column)
- 2. Choose the positions you would like to apply for and click "Apply"
- 3. Complete the on-line application and when all information is entered, click "Submit."

Those selected for an interview will be notified by email.

#### Teacher Substitutes: apply through www.edustaff.org



Are you looking for something to do for a few hours during the day while the kids are at school? Do you like to interact with children? Would you like to earn a few extra dollars to help pay off some of those holiday bills? If so, School Nutrition Services is the place for you! The Nutrition Services Department currently has openings for part-time Kitchen Helpers and Substitutes. Parttime positions are available at Swan Valley High School and Middle School.

Kitchen Helpers and Substitutes work during lunch, assisting with lunch set-up, serving meals to students and cleaning up after lunch, including washing dishes, pots and pans. The rate of pay is \$9.25 per hour and the shifts range from 3 to 4 hours per day.

If you are interested, job postings are currently listed at www.stcs.org. Click on Employment (left column). You are also welcome to apply in person at 3283 Fashion Square Blvd., or contact the Nutrition Services office at 989-793-9713, for more information.

#### **Step By Step Preschool Child Development Center**

The **Open House** for the next school year will be sometime in April. The date will be announced in our Spring Lighthouse Brochure. Step By Step is a developmentally appropriate program for preschool children ages 3-5 years old, located at Arrowwood Elementary. It is licensed by the State of Michigan. There are two programs: a full day (7 am - 6 pm) year-long program (closed holidays) and school-year Enrichment from 8:30-11:30. Children must be toilet trained. Enrollment is limited to 40 Full time students and 20 Enrichment students. Current weekly Rates (25% discount for additional child) are: 3 Days \$84 Full Day 7 am - 6 pm 5 Days \$140 4 Days \$112 Enrichment 5 Days \$65 4 Days \$52 3 Days \$39 8:30-11:30 am



#### The SAT Practice Test Administered by Sylvan Learning Center

#### THE TEST

Location:Heritage Media CenterDate:Monday, January 28Time:8:30 am - 12:30 pm (doors open at 8 am) No one admitted after 8:20 amCost:\$30 (**use code 19W700-1**)Cost:\$30 (use code 19W700-1)

Full practice test including writing. Bring #2 pencils and calculator

#### THE RESULTS

Wednesday, Feb. 6, 6:00 – 7:00 pm in the Heritage High School's Vasher Theater. Includes your results plus detailed tips & strategies for each portion of the test. This meeting is for students and their parents.

#### **Register by January 18**

Call Community Education at 797-1847 or online at www.celighthouse.org

Unlock Your Student's Potential with Doorway to College Foundation™

#### ZAPS<sup>®</sup> Focused Test Prep

In this 5-hour SAT seminar, students will get to:

- Learn tips to improve scores in all subtests
- Practice strategies to eliminate wrong choices
- Take short practice tests that mirror the real test experience
- Reduce test anxiety and gain confidence
- Receive extensive materials for home practice



Our strategy intensive seminar is the perfect companion to content-based test-preparation your student may be utilizing. Michigan public high school juniors will be taking the SAT Test on April 9th, 2019.

Location:Heritage High SchoolDate:Friday, March 1Time:9 am-3 pm (Doors open at 8:30 am; close at 8:50 am)Seminar Fee:\$95 (use code 19W705-1)

New for 2019! All students receive D2CF's full length, online SAT Practice Test with Seminar Registration!

Register at www.doorwaytocollege.com or call 877-927-8378

#### STCS Elementary After-School Pick-up TechTime Program!

The after-school **TechTime** program is held at Arrowwood, Hemmeter, and Weiss in the computer labs. If students are in 3rd, 4th, or 5th grades and have a younger sibling at a different STCS elementary school, **TechTime** is FREE. The student must be listed as a sibling in the school Skyward system. Students must be picked up no later than 3:10 pm or one-half hour on half days of school.

For 3rd - 5th grade students who do not have siblings at a different STCS elementary school, or 3-5th grade students who choose to stay later, **TechTime** will be open until 3:45 pm each school day (or 1 hour after school ends on half-days).

Students in **TechTime** will have access to technology devices they bring, as well access to coding and other programs on the school's computers. The cost of that program is \$40 per month (\$30 in January and \$20 in June). Staff members will supervise students each day. As they get up to speed, they will introduce websites and technology software programs for students to try out.

To enroll your 3rd, 4th or 5th grade student in **TechTime**, you can stop in to the Community Education office and fill out a form. **TechTime** registration will be done monthly.





#### CYBER "NIGHT" SCHOOL FOR HIGH SCHOOL CREDIT

Community Education offers **ONLINE** high school courses for credit in the early evening! Held in the Cyber School Room at Mackinaw High School, students can choose to earn credits to make up a class, to get ahead, need credits that transfer to their last high school to earn their diploma, or re-take a course as a refresher!

HIGH SCHOOL

C, R, E, D, I, T,

Days: Monday through Thursday

- Time: 3:30 6:30 pm, plus online access 24/7
- Dates: A 7-week session begins upon enrollment
- Cost: \$189 per class (each class is .5 credit)
- Call: 797.1847 for class offering/registration info!

#### **SEGMENT 2 DRIVERS EDUCATION**

Segment 2 will be available this year for those who completed Segment 1 and have the required driving time. Time of class is 3 pm to 5 pm each day. Cost is \$35. Maximum enrollment is 36 students. Dates are Feb. 25, 26, 27. Call Community Education (797.1847) for registration details or pick up a Registration Form in our office inside Heritage High School (Board of Education)!

## **SUMMER DRIVERS EDUCATION - SEGMENT 1**

## **Driver's Ed Information & REGISTRATION NIGHT**



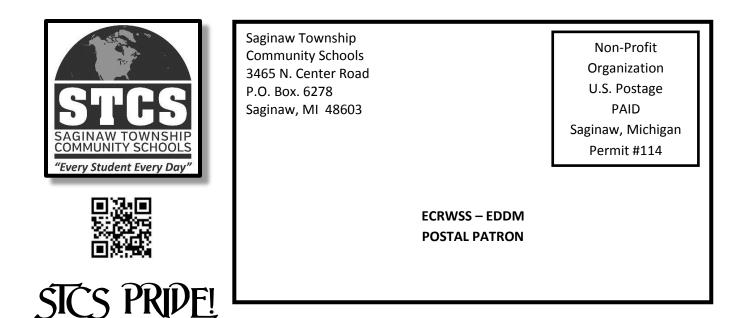
### Weds., Feb. 27 @ 6:30 PM - Heritage Student Center

This is the first opportunity to register - registration will open the night of the meeting. **Students must be 14 years 8 months by June 13, 2019.** A payment is due at enrollment time. Limit 36 students per section.

One session will be available from June 13 through July 2. There is a choice of two sections available. Section A: June 13 and 14 class from 3:15 - 5:15 PM; June 17 through July 2, class from 7:00-9:00 AM. Section B: June 13 and 14 class from 5:20-7:20 PM; June 17 through July 2, class from 9:15-11:115 AM. Starting June 17, driving will start and done on the road in 1 ½ hour blocks. Drive time (a total of 6 hours) will be every day from June 17- July 2 at a time in addition to class time. Drive times are arranged with the road instructor.

A parent/guardian must sign the required Parent Consent Form for Enrollment.

The cost includes a \$25 non-refundable registration fee. There are 4 payments options: (1) Full payment of \$299; (2) two-pay plan (\$154 and \$154); or (3) three-pay plan (\$105, \$105, and \$105); or (4) four -pay plan (\$80, \$80, and \$80). A payment is due at time of enrollment. The full amount is due by May 25. Checks, Money Orders, cash, and Visa/MC payments are accepted. Questions: Call us at 797-1847!



## Mackinaw High School – Time to Enroll! For students ages 16-19 needing their high school diploma!

Congratulations to Mackinaw High School's graduating class of 2018! Mackinaw has helped over 187 students graduate

in the last four years alone. Do you know a teenager 16-19 years old who is struggling in school or are not in school? Give Mackinaw a call, they can help! Advantages of attending Mackinaw are:

- smaller class sizes and setting
- ability to test out of classes
- graduate with as little as 19 credits, no electives
- transportation available
- current credits transfer
- self-paced classes
- certified teachers in every classroom



The program is designed for a student to graduate within two school years. Mackinaw is currently enrolling students. Give them a call at **799-8470** today! Also, please check the website (www.stcs.org) for information and don't forget to like us on Facebook!

#### **PLANT-BASED NUTRITION SUPORT GROUP**

PBNSG is a non-profit organization dedicated to evidence-based education and advocacy of plant-based whole food nutrition and an active lifestyle, to help prevent or reverse chronic disease and achieve optimal health.

Community Education is planning to invite Paul Chatlin, one of the founders of PBNSG, and Cardiologist Joel Kahn, M.D. (America's Healthy Doc - https://drjoelkahn.com/) for a evening presentation in April. Watch for details in our Spring Lighthouse Brochure!

We will be working on our **Spring Lighthouse Brochure** that will be distributed the first week of April. If you have a skill, hobby, or special interest and would like to explore turning it into a **Community** 

Education class, email us at commed@stcs.org with your idea!