

Full price for breakfast is \$1.60. Also available with breakfast: milk, asst. fruit, fruit juice, or fruit cup.

Full Price for lunch is \$1.95. Daily lunch offerings include: Baby carrots, assorted canned and fresh fruit, 1% white, fat free chocolate or fat free strawberry milk.

USDA is an equal opportunity provider and employer.

3 Week Breakfast and Lunch Cycle September-November 2019							September 2019				
Week	Monday	Tuesday	Wednesday	Thursday	Friday	М	Tu	w	Th	Fr	
Break- fast	WG Turkey Sausage, Egg & Cheese Breakfast Sliders (21/2)	WG Turkey Bacon, Egg & Cheese Pizza (23/2)	WG Pancake and Sausage* on a Stick (18/2)	French Toast Bites(19/1)	WG Apple Cinnamon French Toast (45/2)	2	3	4	5 12	6	
Lunch Week	Hot Dog*(1) w/ Coney Sauce (5) WG Bun (21/2) & Seasoned Curly Fries (15/2) OR	WG Popcorn Chicken (16/3) Potato Bowl (16/1) w/Gravy (5) WG Dinner Roll (25/2)	WG Italian Pepperoni Calzone (32/3) w/ Dipping Sauce (6/1) OR Taco (3) Cheese (3) Fries	WG Rotini w/ Meat Sauce (24/4) w/ WG Garlic Bread- stick (28/3) OR	WG Breaded Chicken Patty (16/3) on WG Bun (29/2) with Oven Fries (21/2) OR	16	17	18	19	20	
1	Cereal (24/2) Fun Lunch w/ Bug Bite Grahams (21/1) & 2 String Cheese (2) OR	OR Pepperoni Pizza Breadsticks (30/2) OR	(21/2) w/ WG Pretzel (30/3) OR Chicken Noodle Soup (14/1) w/ Bosco Bread Stick (17/2)	WG Chicken Tenders (16/3) with Tri Taters (27/2) OR Cheeseburger (2/1) on a WG	WG Toasted Cheese Sandwich (38/4) Tomato Soup (30) OR Beef Rib BQ (13/2) on WG	30	24	25	26	27	
	Spicy Chicken Patty (17/3) on a WG Bun (29/2) w/ Crispy Cube Potatoes (18/2)  Daily Vegetable Choice:  Sloppy Joe (13/1) on WG Sub Bun (29/2) w/Seasoned Curly Fries (15/2)  Daily Vegetable Choice: Corr	Sloppy Joe (13/1) on WG Sub Bun (29/2) w/Seasoned Curly	ıb   dı	Bun (29/2) with Fries (21/2)  *All served with Oatmeal Choco-	Bun (28/3) Tri Tators (13/1)	October 2019					
		Daily Vegetable Choice: Broccoli	late Chip Cookie (27)  Daily Vegetable Choice:	Daily Vegetable Choice: Baked Beans	M	Tu	<b>W</b>	Th	F 4		
Break-	Carrots  Pillsbury WG Mini Cinnamon	Carrots  WG Turkey Bacon,	WG Mini Blueberry Pancakes	California Blend  Turkey Ham (0), Egg (1) &	WG Cinnamon Bosco Stick	7	8	9	3	11	
fast	Creamy Cheese Bagels (41/2)	Egg & Cheese Pizza (23/2)	(35/4)	Cheese (1) on WG Biscuit (32)	(28/3)	14	15	16	17	18	
Lunch Week	Chicken Alfredo (6) over Pasta (41/4) & WG Garlic Breadstick (28/3)	Cheeseburger (2/1) on WG Bun (29/2) Oven Fries (21/2)	WG Chicken Nuggets (16/3) with Mashed Potatoes (16/1) &	WG Cinnamon Pancakes (35/2) w/Sausage Patty (0) & Tri-Taters (27/2)	WG Soft (15/2) or Hard Shell (21/2) Taco (3) w/Refried Beans (23/6) OR WG Round Personal Pepperoni or Cheese Pizza (39/5) OR WG Breaded Chicken Patty (16/3) on WG Bun (29/2) w/ Seasoned Curly Fries (15/2) Daily Vegetable Choice: Refried Beans	21	22	23	24	25	
2	w/ Crispy Cube Potatoes (18/2) OR Pepperoni Pizza Breadsticks (30/2) (50/4) w/Di Hot Dog (1) ( Crispy Cul	OR WG Cheese Stuffed Breadsticks (50/4) w/Dipping Sauce (6/1)	Gravy (7) WG Dinner Roll (25/2) OR Beef Rib B Q (13/2) on a WG Bun (28/3) w/Tri-Taters (27/2) OR WG Stuffed Crust Pepperoni or Cheese Pizza (36/3) Daily Vegetable Choice: Corn	OR WG Ravioli (30/4) w/ WG Bosco Bread Stick (17/2) OR Cold Deli Turkey (0) or Peanut Butter (7/2) & Jelly (13) on WG Bread (34/4) w/Fun Size Chips (9) Daily Vegetable Choice: Carrots		28	29	30	31		
		OR Hot Dog (1) on WG Bun (21/2) w/ pperoni Pizza Breadsticks Crispy Cube Potatoes (18/2)				November 2019					
						M	Tu	W	Th	F 1	
						4	5	6	7	8	
Break- fast	WG Turkey Sausage Breakfast Pizza (26/3)	WG Mini Confetti Pancakes (35/4)	Fruit and Yogurt (20) Parfait	WG Pancake and Sausage* on a Stick (18/2)	Turkey Sausage (0), Egg (1) & Cheese (1) on WG Biscuit (32)	11	12	13	14	15	
Lunch Week	Tangerine Chicken (25/2) w/ Brown Rice (37/2)	WG Italian Pepperoni Calzone (32/3) w/Dipping Sauce (6/1)	WG Chicken Nuggets (16/3) with Oven Fries (21/2)	Teriyaki Beef Dippers 6/1) w/ Mashed Potatoes(16/1) &	RF Taco Meat (3) & Cheese (3) Nachos (20/2)	18	19	20	21	22	
	OR Garlic Flatbread Pizza (35/4) w/Seasoned Curly Fries	OR Walking Taco with Taco Meat (3) & Cheese (3) in a Bag of WG	OR Lasagna (37/3) w/Garlic Breadstick (28/3)	Gravy (5) WG Dinner Roll (25/2) OR	OR WG Stuffed Crust Pepperoni or Cheese Pizza (36/3)	25	26	27	28	29	
3	(15/2) OR Chicken Parmesan (19/3) on a WG Bun (26/3) w/Tri-taters (26/2)  Daily Vegetable Choice: California Blend	OR OR Turkey Bacon (0) Cheeseburger (2/1) on WG Bun (29/2) w/ Fries (21/2)	OR Build a Salad w/WG Garlic Breadstick (28/3)  Daily Vegetable Choice:	Turkey & Gravy(2) over Mashed Potatoes(16/1) WG Dinner Roll (25/2) OR WG Breaded Chicken Patty (16/3) w/Turkey Bacon (1) on WG Bun (26/3) Daily Vegetable Choice:	OR BBQ Chicken (15) on a WG Hot Dog Bun (21/2) w/Crispy Cube Potatoes (18/2)  Daily Vegetable Choice: Baked Beans	Notes: 9/2: <u>Labor Day-No School</u> 10/23: <u>1/2 Day- No Lunch</u> 10/24: <u>1/2 Day- No Breakfast</u> 10/31: <u>1/2 Day-No Lunch</u> 11/27-11/29: Thanksgiving Break					
				Sweet Potatoes		11,27	±1, £3.	mail	NJEIVIII)	Dieak	