White Pine Middle School

## 3 Week Breakfast and Lunch Cycle

| Wreak- |
| :---: |
| fast |


| Monday |  |
| :---: | :---: |
|  |  |
| Cheese Breakfast Sliders |  |
| (21/2) |  |


| Tuesday |
| :---: |
| WG Turkey Bacon, |
| Egg \& Cheese Pizza (23/2) |

September-November 2019

| Thursday | Friday |
| :---: | :---: |
| French Toast Bites(19/1) | WG Apple Cinnamon French Toast (45/2) |
| WG Rotini w/ Meat Sauce (24/4) w/ WG Garlic Breadstick (28/3) OR <br> WG Chicken Tenders (16/3) with Tri Taters (27/2) OR <br> Cheeseburger (2/1) on a WG Bun (29/2) with Fries (21/2) <br> *All served with Oatmeal Chocolate Chip Cookie (27) <br> Daily Vegetable Choice: California Blend | WG Breaded Chicken Patty (16/3) on WG Bun (29/2) with Oven Fries (21/2) OR <br> WG Toasted Cheese Sandwich (38/4) Tomato Soup (30) OR <br> Beef Rib BQ (13/2) on WG Bun (28/3) <br> Tri Tators (13/1) <br> Daily Vegetable Choice: Baked Beans |
| Turkey Ham (0), Egg (1) \& Cheese (1) on WG Biscuit (32) | WG Cinnamon Bosco Stick (28/3) |
| WG Cinnamon Pancakes (35/2) w/Sausage Patty (0) \& Tri-Taters (27/2) OR <br> WG Ravioli (30/4) w/ WG Bosco Bread Stick (17/2) OR <br> Cold Deli Turkey (0) or Peanut Butter (7/2) \& Jelly (13) on WG Bread (34/4) w/Fun Size Chips (9) Daily Vegetable Choice: Carrots | WG Soft (15/2) or Hard Shell <br> (21/2) Taco (3) w/Refried Beans (23/6) <br> OR <br> WG Round Personal Pepperoni or Cheese Pizza (39/5) OR <br> WG Breaded Chicken Patty (16/3) on WG Bun (29/2) w/ Seasoned Curly Fries (15/2) <br> Daily Vegetable Choice: Refried Beans |
| WG Pancake and Sausage* on a Stick (18/2) | Turkey Sausage (0), Egg (1) \& Cheese (1) on WG Biscuit (32) |
| Teriyaki Beef Dippers 6/1) w/ Mashed Potatoes(16/1) \& Gravy (5) WG Dinner Roll $(25 / 2)$ <br> OR <br> Turkey \& Gravy(2) over Mashed Potatoes(16/1) WG Dinner Roll (25/2) OR <br> WG Breaded Chicken Patty (16/3) w/Turkey Bacon (1) on WG Bun (26/3) <br> Daily Vegetable Choice: Sweet Potatoes |  <br> Cheese (3) Nachos (20/2) OR <br> WG Stuffed Crust Pepperoni or Cheese Pizza (36/3) OR <br> BBQ Chicken (15) on a WG Hot Dog Bun (21/2) w/Crispy Cube Potatoes (18/2) <br> Daily Vegetable Choice: Baked Beans |



November 2 -1.


Notes:
9/2: Labor Day-No School
10/23: 1/2 Day- No Lunch
10/24: 1/2 Day- No Breakfast 10/31: 1/2 Day -No Lunch
11/27-11/29: Thanksgiving Break

3 weeks of lunch: $\$ 29.25$
3 weeks of reduced lunch: $\$ 6.00$
3 weeks of breakfast: $\$ 24.00$

4 weeks of lunch: $\$ 39.00$ 4 weeks of reduced lunch $\$ 8.00$
4 weeks of breakfast: $\$ 32.00$

