

# Peace Lunch Menu



Full price for lunch is \$1.95. Offered with Lunch: Choice of 1% White or 1% Chocolate Milk, Baby Carrots and Assorted Fruits. Alternate Entrees also available.  
 Ala Carte Milk price is .60. Free and Reduced price meals available to qualified families. MENU SUBJECT TO CHANGE WITHOUT NOTICE.  
 USDA is an equal opportunity provider and employer. \*Menu Item May Contain Pork

## 3 Week Lunch Cycle

## September - November 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	Cheesy (1) Burger (1/1) on WG Bun (29/2) Crispy Tator Tots (16/2) Applesauce (13/2) Refreshing Milk (12)	WG Cheese Pizza Square (37/4) Great Green Beans (5/2) Diced Peaches (14/1) Mighty Milk (12)	Chicken Patty (16/3) on WG Bun (29/2) Garden Salad (2/1) with Lite Ranch Dressing (4) Delicious Apple (19/3) Got Milk? (12)	Soft Shell (15/2) Beef Taco (5/2) w/ Cheese (1), Lettuce (2/1) & Salsa (2) Fiesta Taco Beans (22/5) <u>WG Chocolate Chip Muffin (26/1)</u> Banana (27/3), Cold Milk (12)	Toasted Cheese (2) Sandwich on WG Bread (34/4) Tomato Soup (20) Golden Corn (16/1) Chilled Pears (16/1) Power Packed Milk (12)
<b>Week 2</b>	WG Corn Dog (30/5) Vegetarian Baked Beans (26/6) Chilled Peaches (12) <u>WG Mini Rice Krispie Treat (9)</u> Mustache Milk (12)	Tyson WG Chicken Nuggets (16/3) Brown Rice Pilaf (19/1) California Blend Veggies (3/1) Smooth Applesauce (13/2) Strong Bones Milk (12)	RF/HF Bosco Cheese Bread Sticks (34/4) w/Marinara Sauce (8/1) Garden Salad (2/1) with Lite Ranch Dressing (4) Fresh Apple Slices (19/3) Vitamin Rich Milk (12)	Turkey & Gravy (2) over Whipped Potatoes (154/1) Lunch Bunch Grapes (23/1) WW Dinner Roll (24/5) Does a Body Good Milk (12)	<u>Birthday Day!</u> RF Macaroni & Cheese (29/2) Green Beans (5/2) Fresh Apple (19/3) <u>Animal Crackers (21/2)</u> Frosty Milk (12)
<b>Week 3</b>	WG Cinnamon Pancakes (35/2) 2 Turkey Sausage Links (0) Hash Brown Starz (16/2) Applesauce (13/2) Strong Bones Milk (12)	Beef (5/2) & Cheese (4) Nachos w/Corn Tortilla Chips (21/2) Lettuce (2) & Salsa (2) Refried Beans (16/4) w/Cheese (1) <u>Teddy Grahams (16/1)</u> Chilled Peaches (14/1), Strong Bones Milk (12)	Spaghetti (20/2) w/ Meat Sauce (9/2) RF/HF Bosco Cheese Bread Stick (17/2) Celery Sticks (2/1) w/Lite Ranch Dip (4) Fresh Apple Slices (19/3) Muscle Milk (12)	WG Chicken Drumstick (5/1) Whipped Potatoes (14/1) w/Gravy (4) <u>WG Blueberry Muffin (26/1)</u> Orange Wedges (21/4) Mighty Milk (12)	Crazy Cheesy Bread (30/2) w/Marinara Sauce (8/1) Steamed Broccoli (2/1) Diced Pears (17/1) Vitamin Rich Milk (12)

Week 1 Meal Plan

Week 2 Meal Plan

Week 3 Meal Plan

### September 2019

Mo	Tue	We	Thu	Fri
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

### October 2019

Mo	Tue	Wed	Thu	Fri
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

### November 2019

Mo	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

#### NOTES:

- 9/2/19- Labor Day No School
- 10/4/19: No School
- 10/9-10/11: No School
- 10/14/19: No School
- 11/7/19: 1/2 Day-No Lunch
- 11/8/19: No School
- 11/27—11/29: No School
- Thanksgiving Break

Lunch Price: \$1.95 per day  
 Reduced Lunch Price: \$.40

1 week of lunch: \$9.75  
 1 week of reduced lunch: \$2.00

2 weeks of lunch: \$19.50  
 2 weeks of reduced lunch: \$4.00

3 weeks of lunch: \$29.25  
 3 weeks of reduced lunch: \$6.00

4 weeks of lunch: \$39.00  
 4 weeks of reduced lunch \$8.00