

NCCE Lunch Menu

September - November 2019



3 Week Breakfast and Lunch Cycle

Full price for breakfast is \$1.60. All breakfasts include: Fruit or Juice and Milk. Cereal with Graham Crackers or String Cheese available daily. Full price for lunch is \$1.95. Offered with Lunch: Choice of 1% White or 1% Flavored Milk, Baby Carrots and Assorted Fruits. Alternate Entrees also available. A-La-Carte Milk price is .60. Free and Reduced price meals available to qualified families. USDA is an equal opportunity provider and employer.

*Menu Item May Contain Pork

Week 1

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|--|
| Choice of Cereal (23/2) with WG Goldfish Graham Crackers (19/1) | WG Breakfast Pizza with Egg, Turkey Bacon & Cheese (25/2) | Pillsbury Mini Cinnamon French Toast (37/2) | WG Pancake & Sausage* on a Stick (18/2) | Choice of Cereal (23/2) with String Cheese (2) |
| Cheesy (1) Burger (1/1) on WG Bun (29/2) Crispy Tator Tots (16/2) Applesauce (13/2) Refreshing Milk (12) | WG Cheese Pizza Square (37/4) Great Green Beans (5/2) Diced Peaches (14/1) Mighty Milk (12) | Chicken Patty (16/3) on WG Bun (29/2) Garden Salad (2/1) with Lite Ranch Dressing (4) Delicious Apple (19/3) Got Milk? (12) | Soft Shell (15/2) Beef Taco (5/2) w/ Cheese (1), Lettuce (2/1) & Salsa (2) Fiesta Taco Beans (22/5) <u>WG Chocolate Chip Muffin (32/2)</u> Banana (27/3), Cold Milk (12) | Toasted Cheese (2) Sandwich on WG Bread (34/4) Tomato Soup (20) Golden Corn (16/1) Chilled Pears (17/1), Frosty Milk (12) |

Week 2

| | | | | |
|--|--|--|---|---|
| Choice of Cereal (23/2) with WG Goldfish Graham Crackers (19/1) | WG Breakfast Pizza with Egg, Turkey Bacon & Cheese (25/2) | Pillsbury Mini Cinnamon French Toast (37/2) | WG Pancake & Sausage* on a Stick (18/2) | Choice of Cereal (23/2) with String Cheese (2) |
| WG Corn Dog (30/5) Vegetarian Baked Beans (26/6) Chilled Peaches (12) <u>WG Mini Rice Krispie Treat (9)</u> Mustache Milk (12) | Tyson WG Chicken Nuggets (16/3) Brown Rice Pilaf (19/1) California Blend Veggies (3/1) Smooth Applesauce (13/2) Strong Bones Milk (12) | RF/HF Bosco Cheese Bread Sticks (34/4) w/Marinara Sauce (8/1) Garden Salad (2/1) with Lite Ranch Dressing (4) Fresh Apple Slices (19/3) Vitamin Rich Milk (12) | Turkey & Gravy (2) over Whipped Potatoes (14/1) Lunch Bunch Grapes (23/1) WW Dinner Roll (24/5) Does a Body Good Milk (12) | <u>Birthday Day!</u> RF Macaroni & Cheese (29/2) Green Beans (5/2) Fresh Apple (19/3) <u>Animal Crackers (21/2)</u> Power Packed Milk (12) |

Week 3

| | | | | |
|---|--|---|--|--|
| Choice of Cereal (23/2) with WG Goldfish Graham Crackers (19/1) | WG Breakfast Pizza with Egg, Turkey Bacon & Cheese (25/2) | Pillsbury Mini Cinnamon French Toast (37/2) | WG Pancake & Sausage* on a Stick (18/2) | Choice of Cereal (23/2) with String Cheese (2) |
| WG Cinnamon Pancakes (35/2) 2 Turkey Sausage Links (0) Hash Brown Starz (16/2) Applesauce (13/2) Strong Bones Milk (12) | Beef (5/2) & Cheese (4) Nachos w/Corn Tortilla Chips (21/2) Lettuce (2) & Salsa (2) Refried Beans (16/4) w/Cheese (1) <u>Teddy Grahams (16/1)</u> Chilled Peaches (14/1), Cold Milk (12) | Spaghetti (20/2) w/Meat Sauce (9/2) RF/HF Bosco Cheese Bread Stick (17/2) Celery Sticks (2/1) w/Lite Ranch Dip (4) Fresh Apple Slices (19/3) Muscle Milk (12) | WG Chicken Drumstick (5/1) Whipped Potatoes (14/1) w/Gravy (4) <u>WG Blueberry Muffin (26/1)</u> Orange Wedges (21/4) Mighty Milk (12) | Crazy Cheesy Bread (30/2) w/Marinara Sauce (8/1) Steamed Broccoli (2/1) Diced Pears (17/1) Vitamin Rich Milk (12) |

Week 1 Meal Plan

Week 2 Meal Plan

Week 3 Meal Plan

September 2019

| Mo | Tue | Wed | Thu | Fri |
|----|-----|-----|-----|-----|
| 2 | 3 | 4 | 5 | 6 |
| 9 | 10 | 11 | 12 | 13 |
| 16 | 17 | 18 | 19 | 20 |
| 23 | 24 | 25 | 26 | 27 |
| 30 | | | | |

October 2019

| Mo | Tue | Wed | Thu | Fri |
|----|-----|-----|-----|-----|
| | 1 | 2 | 3 | 4 |
| 7 | 8 | 9 | 10 | 11 |
| 14 | 15 | 16 | 17 | 18 |
| 21 | 22 | 23 | 24 | 25 |
| 28 | 29 | 30 | 31 | |

November 2019

| Mo | Tue | Wed | Thu | Fri |
|----|-----|-----|-----|-----|
| | | | | 1 |
| 4 | 5 | 6 | 7 | 8 |
| 11 | 12 | 13 | 14 | 15 |
| 18 | 19 | 20 | 21 | 22 |
| 25 | 26 | 27 | 28 | 29 |

NOTES:

- 9/2/19: Labor Day No School
- 10/4/19: 1/2 Day-Breakfast only
- 11/5/19-11/8/19: 1/2 Days-Breakfast only
- 11/27/19: 1/2 Day-Breakfast only
- 11/28 & 11/29-No School
Thanksgiving Break

Lunch Price: \$1.95 per day
Reduced Lunch Price: \$.40
Breakfast Price: \$1.60

1 week of lunch: \$9.75
1 week of reduced lunch: \$2.00
1 week of breakfast: \$8.00

2 weeks of lunch: \$19.50
2 weeks of reduced lunch: \$4.00
2 weeks of breakfast: \$16.00

3 weeks of lunch: \$29.25
3 weeks of reduced lunch: \$6.00
3 weeks of breakfast: \$24.00

4 weeks of lunch: \$39.00
4 weeks of reduced lunch: \$8.00
4 weeks of breakfast: \$32.00