


September - November Breakfast and Lunch Menu

USDA is an equal opportunity provider and employer.

Full price for breakfast is \$1.60. Weekly menu choices listed below. Also available with breakfast: 1% white or chocolate milk, asst. fruit, fruit juice, or fruit cup. Full Price for lunch is \$2.10. In addition to our regular menu items, grilled chicken, chef, or Caesar salads are offered daily along with the Hawk's Grill and North Center Deli menus see below. Also available with the entrée, milk, fruit, and vegeta-

		Monday	Tuesday	Wednesday	Thursday	Friday
Line 2 and 5	Week 1	WG Macaroni and Cheese (27/2) and Fries (16/1)	Turkey and Gravy (2) with Mashed Potatoes (23/1) WG Roll (24/5)	Hot Dog (1) on WG Bun (20/3) or Hawk Burger (1/1) on WG Bun (26/3) & Fries (16/1)	Cheese Bread (30/2) with Fries (16/1)	Buffalo Chicken (1) Hot Wrap (19/2) with Fries (16/1)
	Week 2	Ravioli (30/4) with WG Bosco Cheese Stick (25/2)	Chicken Nuggets (19/3) w/ Mashed Potatoes (23/1) & Gravy (10) WG Roll (24/5)	BBQ Chicken (7) on WG Bun (26/3) & Fries (16/1)	Chicken (38/4) or Cheese Quesadilla (40/4) & Fries (16/1)	Buffalo Chicken (1) Hot Wrap (19/2) with Fries (16/1)
	Week 3	Bosco Cheese Sticks (4) with Dipping Sauce (4) and Fries (16/1)	WG Popcorn Chicken (14/3) Mashed Potato Bowl (23/1) Gravy (10) & WG Roll (24/5)	BBQ Rib (13/2) Sandwich on WG Bun (26/3) with Fries (16/1)	WG Toasted Cheese (2) Sandwich (34/3) w/Soup (15) & Fries (16/1)	Buffalo Chicken (1) Hot Wrap (19/2) with Fries (16/1)

		Monday	Tuesday	Wednesday	Thursday	Friday
Line 4	Week 1	Soft Shell (19/2) Chicken (1) or Beef (5/2) Tacos Chicken (2) Fajita (19/2) Rice and Beans (18/3) Refried Beans (16/4) & Fries (16/1)	Beef Enchilada (40/5) Chicken (1) or Beef (5/2) Nachos (21/2) w/Nacho Cheese Sauce (3) Rice and Beans (16/4) Refried Beans (16/4)	Soft Shell (19/2) Chicken (1) or Beef (5/2) Tacos Chicken (2) Fajita (19/2) Rice and Beans (18/3) Refried Beans (16/4) & Fries (16/1)	Beef Enchilada (40/5) Chicken (1) or Beef (5/2) Nachos (21/2) w/Nacho Cheese Sauce (3) Rice and Beans (16/4) Refried Beans (16/4)	Chef's Mexican Selection of the Day
	Week 2	Spaghetti (40/4) or Rotini (40/4) with Meat Sauce (9/2), Meatballs (5/1) Marinara, (9) or Chicken Alfredo (10) WG Roll (24/5)	Rigatoni (40/4) or Chicken Parmesan (16/3) With WG Roll (24/5)	Spaghetti (40/4) or Rotini (40/4) with Meat Sauce (9/2), Meatballs (5/1) Marinara, (9) or Chicken Alfredo (10) WG Roll (24/5)	Rigatoni (40/4) or Chicken Parmesan (16/3) With WG Roll (24/5)	Chef's Italian Selection of the Day
	Week 3	Sweet & Sour (14) Popcorn Chicken (14/3) or Kung Pao (18) Chicken (1) Chinese Vegetables (3/1) Brown Rice (23/2), Roll (24/5)	General Tso (16) Popcorn Chicken (14/3) Chinese Vegetables (3/1) & Brown Rice (23/2) & WG Roll (24/5)	Sweet & Sour (14) Popcorn Chicken (14/3) or Kung Pao (18) Chicken (1) Chinese Vegetables (3/1) Brown Rice (23/2) & Roll (24/5)	General Tso (16) Popcorn Chicken (14/3) Chinese Vegetables (3/1) & Brown Rice (23/2) & WG Roll (24/5)	Chef's Asian Selection of the Day

		Monday	Tuesday	Wednesday	Thursday	Friday
 Hawk's Grill		1 Slice Caesar's Pizza (9) 1 Calzone Pepperoni or Cheese (35/3) 6 Chicken Nuggets (19/3) 2 Bosco Breadsticks (50/2) 1 Reg. Chicken Sandwich (42/6)	1 Personal Pizza (39/5) 6 Chicken Tenders (18/3) 1 Calzone Pepperoni or Cheese (35/3) 2 Bosco Breadsticks (50/2) 1 Spicy Chicken Patty Sandwich (43/6)	1 Slice Caesar's Pizza (9) 1 Calzone Pepperoni or Cheese (35/3) 6 Chicken Nuggets (19/3) 2 Bosco Breadstick (50/2) 1 Reg. Chicken Sandwich (42/6)	1 Personal Pizza (39/5) 6 Chicken Tenders (18/3) 1 Calzone Pepperoni or Cheese (35/3) 2 Bosco Breadsticks (50/2) 1 Spicy Chicken Patty Sandwich (43/6)	1 Slice Caesar's Pizza (9) 1 Calzone Pepperoni or Cheese (35/3) 6 Chicken Nuggets (19/3) 2 Bosco Breadsticks (50/2) 1 Reg. Chicken Sandwich (42/6)

		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Menu		Egg and Bacon Pizza (23/2) Pancake on a Stick (18/2) Ultimate Breakfast Cookie (43/6)	Pancakes (27/2) or Egg & Cheese Muffin (24/2) Ultimate Breakfast Cookie (43/6)	Egg and Bacon Pizza (23/2) Pancake on a Stick (18/2) Ultimate Breakfast Cookie (43/6)	Pancakes (27/2) or Egg & Cheese Muffin (24/2) Ultimate Breakfast Cookie (43/6)	Egg and Bacon Pizza (23/2) Pancake on a Stick (18/2) Ultimate Breakfast Cookie (43/6)

Hawk's North Center Deli Menu

Week 1: Mexican—Taco Salad with Taco Meat, Taco Chips, Sour Cream and Salsa

Week 2: Italian—Cranberry Chicken Salad

Week 3: Asian—Asian Chicken Salad

Offered Daily: Chef Salad (with Ham & Turkey), Popcorn Chicken Salad, or Grilled Chicken Salad. Also available made to order Subs and Wraps with Turkey and/or Ham and a variety of healthy toppings.

September 2019

M	Tu	W	Th	Fr
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

October 2019

M	Tu	W	Th	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

November 2019

M	Tu	W	Th	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

Notes:

9/2: Labor Day-No School

10/23: 1/2 Day Am- No Lunch

10/24: 1/2 Day PM- No Breakfast/No Lunch

10/31: 1/2 Day -No Lunch

11/27-11/29: Thanksgiving Break