

# Elementary Breakfast & Lunch Menu

## September - November 2019



### 3 Week Breakfast and Lunch Cycle

Full price for breakfast is \$1.40. All breakfasts include: Fruit or Juice and Milk. Cereal with Graham Crackers or String Cheese available daily. Full price for lunch is \$1.85. Offered with Lunch: Choice of 1% White or 1% Flavored Milk, Baby Carrots and Assorted Fruits. Alternate Entrees also available. A-La-Carte Milk price is .60. Free and Reduced price meals available to qualified families. USDA is an equal opportunity provider and employer.

\*Menu Item May Contain Pork

Week 1

Week 2

Week 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice of Cereal (23/2) with WG Goldfish Graham Crackers (19/1)	WG Breakfast Pizza with Egg, Turkey Bacon & Cheese (25/2)	Pillsbury Mini Cinnamon French Toast (37/2)	WG Pancake & Sausage* on a Stick (18/2)	Choice of Cereal (23/2) with String Cheese (2)
Cheesy (1) Burger (1/1) on WG Bun (29/2) Crispy Tator Tots (16/2) Applesauce (13/2) Refreshing Milk (12)	WG Cheese Pizza Square (37/4) Great Green Beans (5/2) Diced Peaches (14/1) Mighty Milk (12)	Chicken Patty (16/3) on WG Bun (29/2) Garden Salad (2/1) with Lite Ranch Dressing (4) Delicious Apple (19/3) Got Milk? (12)	Soft Shell (15/2) Beef Taco (5/2) w/ Cheese (1), Lettuce (2/1) & Salsa (2) Fiesta Taco Beans (22/5) <u>WG Chocolate Chip Muffin (32/2)</u> Banana (27/3), Cold Milk (12)	Toasted Cheese (2) Sandwich on WG Bread (34/4) Tomato Soup (20) Golden Corn (16/1) Chilled Pears (17/1), Frosty Milk (12)
Choice of Cereal (23/2) with WG Goldfish Graham Crackers (19/1)	WG Breakfast Pizza with Egg, Turkey Bacon & Cheese (25/2)	Pillsbury Mini Cinnamon French Toast (37/2)	WG Pancake & Sausage* on a Stick (18/2)	Choice of Cereal (23/2) with String Cheese (2)
WG Corn Dog (30/5) Vegetarian Baked Beans (26/6) Chilled Peaches (12) <u>WG Mini Rice Krispie Treat (9)</u> Mustache Milk (12)	Tyson WG Chicken Nuggets (16/3) Brown Rice Pilaf (19/1) California Blend Veggies (3/1) Smooth Applesauce (13/2) Strong Bones Milk (12)	RF/HF Bosco Cheese Bread Sticks (34/4) w/Marinara Sauce (8/1) Garden Salad (2/1) with Lite Ranch Dressing (4) Fresh Apple Slices (19/3) Vitamin Rich Milk (12)	Turkey & Gravy (2) over Whipped Potatoes (14/1) Lunch Bunch Grapes (23/1) WW Dinner Roll (24/5) Does a Body Good Milk (12)	<u>Birthday Day!</u> RF Macaroni & Cheese (29/2) Green Beans (5/2) Fresh Apple (19/3) <u>Animal Crackers (21/2)</u> Power Packed Milk (12)
Choice of Cereal (23/2) with WG Goldfish Graham Crackers (19/1)	WG Breakfast Pizza with Egg, Turkey Bacon & Cheese (25/2)	Pillsbury Mini Cinnamon French Toast (37/2)	WG Pancake & Sausage* on a Stick (18/2)	Choice of Cereal (23/2) with String Cheese (2)
WG Cinnamon Pancakes (35/2) 2 Turkey Sausage Links (0) Hash Brown Starz (16/2) Applesauce (13/2) Strong Bones Milk (12)	Beef (5/2) & Cheese (4) Nachos w/Corn Tortilla Chips (21/2) Lettuce (2) & Salsa (2) Refried Beans (16/4) w/Cheese (1) <u>Teddy Grahams (16/1)</u> Chilled Peaches (14/1), Cold Milk (12)	Spaghetti (20/2) w/Meat Sauce (9/2) RF/HF Bosco Cheese Bread Stick (17/2) Celery Sticks (2/1) w/Lite Ranch Dip (4) Fresh Apple Slices (19/3) Muscle Milk (12)	WG Chicken Drumstick (5/1) Whipped Potatoes (14/1) w/Gravy (4) <u>WG Blueberry Muffin (26/1)</u> Orange Wedges (21/4) Mighty Milk (12)	Crazy Cheesy Bread (30/2) w/Marinara Sauce (8/1) Steamed Broccoli (2/1) Diced Pears (17/1) Vitamin Rich Milk (12)

Week 1 Meal Plan

Week 2 Meal Plan

Week 3 Meal Plan

### September 2019

Mo	Tue	Wed	Thu	Fri
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

### October 2019

Mo	Tue	Wed	Thu	Fri
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

### November 2019

Mo	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

#### NOTES:

- 9/2/19-Labor Day No School
- 9/3/19-STCS-1st Day of School
- 10/7/19-SVSD-No School/In-Service
- 10/23/19-STCS-1/2 Day AM Conf-No Lunch
- 10/24/19-STCS-1/2 Day PM/Conf-No Brkfst
- 10/31/19-STCS-1/2 Day AM/No Lunch
- 11/8/19-STCS-1/2 Day AM/Records Day
- 11/27 thru 11/29/19-No School

Lunch Price: \$1.85 per day  
Reduced Lunch Price: \$.40  
Breakfast Price: \$1.40

1 week of lunch: \$9.25  
1 week of reduced lunch: \$2.00  
1 week of breakfast: \$7.00

2 weeks of lunch: \$18.50  
2 weeks of reduced lunch: \$4.00  
2 weeks of breakfast: \$14.00

3 weeks of lunch: \$27.75  
3 weeks of reduced lunch: \$6.00  
3 weeks of breakfast: \$21.00